NELLIE'S Breakfast

Dreakiast				Reg (schoo
Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast-HS Syrup-HS Banana Whole Wheat Toast-HS Flavored/Unflavored Skim Milk-B	2 Scrambled Eggs HS Breakfast Potatoes HS Banana-HS Flavored/Unflavored Skim Milk-B
5	6	7	8	9
Blueberry Muffins-HS Fruit Medley -B Peanut Butter on Wheat-HS Flavored/Unflavored Skim Milk-B	Mini Bagel w/cream cheese-HS Peanut Butter on Wheat-HS Apple-HS Flavored/Unflavored Skim Milk-B	Oatmeal PB wheat bread2 Fruit Medley HS-B Flavored/Unflavored Skim Milk-B	Whole Wheat Pancakes Syrup-HS Banana Whole Wheat Toast-HS Flavored/Unflavored Skim Milk-B	Breakfast Burrito-HS PB wheat bread2 OrangeHSB Flavored/Unflavored Skim Milk-B
12	13	14	15	16
Blueberry Bagel-HS Cream Cheese-HS Peanut Butter on Wheat-HS AppleHSB Flavored/Unflavored Skim Milk-B	Whole Grain Chocolate MuffinHS Vanilla Low Fat Yogurt-HS Apple-HS Peanut Butter on Wheat Bread2 Flavored/Unflavored Skim Milk-B	Waffle Syrup-HS OrangeHSB Whole Wheat Toast-HS Flavored/Unflavored Skim Milk-B	French Toast-HS Syrup-HS Banana Whole Wheat Toast-HS Flavored/Unflavored Skim Milk-B	Pancake Wrap-HS PB wheat bread2 Fruit Medley HS-B Flavored/Unflavored Skim Milk-B
19	20	21	22	23
Apple Cinnamon Muffin-HS Vanilla Low Fat Yogurt-HS PB wheat bread2 AppleHSB Flavored/Unflavored Skim Milk-B	Raisin Cinnamon Bagels-HS Cream Cheese-HS Fruit Medley -B Peanut Butter on Wheat-HS Flavored/Unflavored Skim Milk-B	French Toast Sticks-HS Syrup-HS Applesauce Whole Wheat Toast-HS Flavored/Unflavored Skim Milk-B	Waffle-HS Syrup-HS Banana-HS Flavored/Unflavored Skim Milk-B	Breakfast SlidersHS PB wheat bread2 OrangeHSB Flavored/Unflavored Skim Milk-B
26	27	28	29	30